**Introduction**  
- This presentation examines the association between race and mental health  
- Mental disorders are so disabling that in established market economies, like the United States, they rank second only to cardiovascular on their impact to disability  
- Socioeconomic circumstances such as wealth, income, and education contribute to mental health  
- African Americans have more stressors than many other races, in part because...  
  - They often live in worst conditions  
  - They work jobs of lower pay and her less likely to be offered health care benefits  
- Racial and ethnic minorities have less access to mental services than whites

**Hypothesis**  
- African Americans are more likely than those of other ethnic groups (Whites, Asian/Pacific Islanders, and Others) to feel depressed

**Sample:: General Social Survey (GSS)**  
- Geographic Coverage: Standard Metropolitan Statistical Areas (SMSAs) and nonmetropolitan counties across the United States  
  - Time Period: 2000  
  - Mode of Data Collection: Face to face in home interviews  
  - Sample Size: 1,419  
  - Unit of Analyses: Non-institutionalized adults 18 and up  
  - Overall Response Rate: 72%

**Main Findings**  
- Blacks are more likely than Whites to report being depressed: “sad or blue”

**Discussion**  
- This study examined the association between race and mental health  
- Consistent with past work, this study suggests that blacks are more likely than whites to report depression  
- This is consistent with previous research that find that members of racial and ethnic minority groups suffer from greater psychological problems  
- That said, racial and ethnic minority groups are less likely than whites to be seen in specialty mental services

**Table 1: Impact on race and Feeling Depressed: Logistic Regression**

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Black</th>
<th>Other</th>
<th>Control Variables</th>
<th>Age</th>
<th>Female</th>
<th>Pacific</th>
<th>Education</th>
<th>N</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>.379*</td>
<td></td>
<td></td>
<td>.008*</td>
<td>.310*</td>
<td>.52</td>
<td>-.202**</td>
<td>1419</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* p < .05 ** p < .01